

Carmel Valley



Sun



Welcome to beautiful Carmel Valley.

CARMEL VALLEY CHAMBER OF COMMERCE TO SPONSOR FORUM

Recognizing the need for a better understanding of the background, present status and political realities surrounding the controversial Hatton Canyon "Freeway" project, Chamber of Commerce president Dick Krueger has announced a special program devoted to the subject. (Refer to Calendar of events)

According to Krueger, the outcome of the Hatton Canyon proposal could have more immediate and direct impact on Carmel Valley residents, businesses, and commuters than any Valley issue confronted to date. "It's a subject generally recognized by almost everyone, but one understood and pursued by only a few—those who have a specialized interest, one way or the other, in the outcome. Our goal is to provide an opportunity for our members to learn the facts about the Hatton Canyon project, to gain an understanding of the problem, proposed solutions, engineering aspects, and political realities."

Speakers for the Carmel Holiday Inn luncheon program will be Henry Case, district director of programming, CALTRANS, State of California and William Peters, 5th District Supervisor, Monterey County. Reservations for the event will be available initially to Chamber of Commerce members. Requests for reservations can be made by the public by calling the Chamber of Commerce office at 659-4000.

Free

Free

Free

Free

Fun at Garland

A "BURNING OF THE MORTGAGE" celebration marking the final payment on the original 541 acre Garland Ranch Regional Park is planned for 1:00 p.m. Saturday, April 3, at the Visitors Center.

Prior to the 1:00 p.m. symbolic ceremony, friends of the park can first participate either in a moderate six-mile hike to the new Garzas Canyon area beginning at 9:00 a.m. from the Visitors

Center or meet at the center between noon and 1:00 p.m. for an informal (bring your own) picnic lunch.

The Monterey Peninsula Regional Park District purchased the original 541 acre parksite from the late William W. Garland II in March of 1975 for a "bargain sale" price of \$1,104,000 or \$2,038 per acre. The District paid \$319,000 down with the balance paid in annual installments until March of 1982 at a 4.9% annual interest rate.

Garland Ranch Regional Park now totals 2400 acres and became the largest park on the Peninsula with the recent

purchase, gift and lease of an additional 55 acres in Garzas Canyon from the Condon family in 1980. The adjacent Carmel Valley Ranch, as a condition of development approval, provides 1200 acres of scenic open space available for hiking and equestrian use within designated trail easements.

The Garland Ranch Park, located 8.4 miles from Highway 1 along Carmel Valley Road, is a passive use area widely enjoyed by Peninsula joggers, hikers, horsemen, fishermen and school groups for outdoor nature education. (For additional info., call Gary Tate, Garland Ranch Park 659-4488)

New Board Members For Community Chapel

Carmel Valley Community Chapel recently held its annual meeting at the Fellowship Hall.

The meeting elected seven new members to the Board of Directors. A revised set of By-Laws were also adopted. The new Board members are Janis Zuber, President; D. N. Bonnington, Vice president; Brian Ashurst, Donald Trahan, Charles F. Guilford, Egon Werdelman, and Kathy Eyerman. Continuing Board members include Almira Davis, Treasurer; Helen Keine, Secretary; Peter Meckel and Thelma Lee.

Reverend Don Johnson took the opportunity to announce his intention to retire in April of 1983. That will fulfill more than 25 years of his guidance for Valley residents.

A pot-luck luncheon for the entire church membership concluded the meeting.

MARCH 1982

On To Regionals

The Boronda 4-H brought back two gold medals from the County Presentation Day held February 27 in Gonzales.

Susan and Joey Suada won a gold for their demonstration of "Fondue Fun," and Karie Wolter also won for her demonstration on decoupage.

The Presentation Day is sponsored by the University of California Cooperative County Agriculture Extension. According to Pat Snow at the Agriculture Office in Sacramento, those winning gold at the county level automatically go to the regional presentations. There were 61 demonstrations given with 45 being awarded gold medals.

The levels the 4-Her's go through are Club, County, Regional and State. If they make it to the State, which is invitational only, they will do their demonstrations at the State Fair in Sacramento.

Can't Change Them

In her school essay on "Parents," a little girl wrote; "We get our parents at so late an age that it is impossible to change their habits."

More Planning Underway

Positive action, on plans the Carmel Valley Village Improvement Committee has been pursuing, broadened at the February 19 meeting at Los Laureles Lodge.

Security problems for the Valley were discovered to be less than other similar areas. This information, presented by Security Committee head Stu Clough, came from a consultant hired to review the Village area problems. The consultant will present the entire Improvement Committee with a detailed report at a later date. The security committee also came up with a hot line for businesses receiving bad checks. This number—for business use only—is 659-3403.

Improvement proposals for Delfino Place were reaffirmed. The group would like to see a trellised path down the middle of Delfino. The purpose is to enhance the looks of that section of the Village. The project could not be done unless the County rededicated the street back to the Village. The cost and maintenance of the street would then be the responsibility of C.V. residents. The construction and maintenance would be through volunteer work and donations.

The meeting also installed Locksin Thompson as head of underground utilities and proposed pathways.

Learning About Whales

Recent years have brought a great interest in the preservation of whales and educating the community at large about the gentle giants.

On March 6 at 2 p.m. the Carmel Valley Library hosted a presentation, "Learning About Whales," by the Point Lobos Natural History Association.

Pat Hughes and Pat Maurer of the Association presented Valley children with a portion of background information before showing a film about whales.

Various samples of teeth and vertebrae were available for the children to look at and ask questions about.



Children examined sharks teeth and whale bones at the "Learning About Whales" presentation. Pictured are Jordan Marshall, Jacob Saxton, Erik McDonald, Aaron Gaily, Annie Masaoka, Joelle Marshall and Erin Scholl.

Spring Is In The Air

Spring will be celebrated in a festival put on by the Carmel Valley Community Chappel Christian Preschool.

The Spring Festival will be March 26 at 11:15 a.m. There will be 22 children singing and celebrating springtime. Violin music will be provided by Bob Moore, Patty Walters and Billy Ingram.

The children will have costumes made out of items donated by parents. Practice for the program began in February.

The preschoolers are old hands at performing, they previously had Thanksgiving and Christmas programs.

The public is invited to the performance at 42 Village Dr. For more information call 659-2278.

TORO PARK SPRING RIDE—WET AND WONDERFUL

Ray Berta believes in "Pretty is as pretty does." He brought the four year old purebred Arabian stallion, Ben Nasrif, to the Toro Park spring endurance ride looking like an elegant show horse. Rain added to the gureling conditions of the twenty mile race which was run according to the rules of the American Endurance Ride Conference. The contestants had to pass three veterinary checks on the rugged course which scaled Eagle Peak twice!

Not only did Ray and "Ben" come in first but they won the coveted "Best Condition" award. Proving that Saturday, February 13th was Ray Berta Day he then proceeded to win several of the raffle prizes . . . of course he was seen to be holding about a mile long string of tickets . . .

Other Valleyites participating in the Toro Park Spring Ride included Ann Wellborn on her Arabian, Spring Rose, and Holly Smithson on her Half Arab, Ju Rayn's Tippet. Lucy Smithson won applause and cheers for barbequeing chicken dinners for 48 riders and helpers in less than ideal picnic weather.

He Told Him

An elderly man entered a railroad car where there were three empty seats. He approached the person next to the first empty seat and said, "Before I sit down, do you have any grandchildren?"

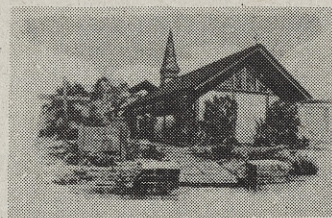
"Yes I have two," was the reply.

The man went on and repeated the scene at the second empty seat and received the same reply. Finally the man in the third empty seat answered, "No I am sorry, I have no grandchildren."

With a smile the man took the seat and said, "Good I will tell you all about mine."

Carmel Valley Community Chapel

Village Drive and Paso Hondo



Nursery & Sunday School
Sunday Service 11:00 a.m.

Carmel Valley Community Thrift Shop
Open 11 a.m.-3 p.m.
Tues., Thurs., Sat.
Great for Bargain Hunters

Good Friday Service, April 9, 12-1 p.m.

659-2258



659-2782

ALLAIRE INSURANCE

L. E. Allaire • Matt Allaire

All Forms Of Insurance

6 Delfino Place • P.O. Box 263 • Carmel Valley, Ca. 93924



MINI-STORAGE UNITS

5x5, 5x10, 10x10, 10x15,
10x20, 10x30, 10x35

Delfino Place • Carmel Valley Village

Box 1274 Carmel Valley, CA 93924

(408) 659-5323

The Carmel Valley Gardener

by Dr. Ernie Marshall*

One of the most difficult pest problems for Carmel Valley gardeners who want to plant early gardens is the problem of bird damage. What can we do about bird damage? We all love birds and the great job of insect control they do for us throughout the year but in early Spring they can devastate a garden.

As a start let's look at the types of birds that are a problem and the problems they cause.

Sparrows, several species of them, are very damaging to young emerging seedlings and often will completely eliminate early plantings of lettuce, radishes, beets, carrots, spinach and other small seeded vegetables and flowers. Most of these sparrows are migratory and overwinter here in Carmel Valley. When warmer weather comes in April and May they will migrate northward for nesting in the summer months and are no longer a problem. Some of them nest as far north as the Artic Circle.

Year round residential birds such as Jays and Brown Towhees are also culprits. They eat young small seeded plant seedlings but are particularly fond of sweet corn and pea seedlings. They will pull the seedlings up just as they are emerging and eat the germinating seeds at the bottom.

Occasionally, usually in larger plantings, Crows will become a problem particularly in sweet corn where they do even worse damage than the Jays.

The beautiful Valley Quail is a major scourge of early gardens. Many the time I've seen a mother quail and her young gregariously devouring my prized seedlings while papa quail sets atop a fence post ready to sound the alarm at the first sign of a potential threat from bird or beast.

Now that we've identified the mischevious rascals, what can we do to minimize their damage?

The most obvious answer is to plant crops that they will not eat—onions, potatoes, asparagus, rhubarb are seldom if ever bothered by birds. But, this list is soon exhausted and further action is required if we are to have the fresh vegetables and lovely flowers we all enjoy.

Many things have been tried; traps, repellents, poisons, loud noises, guns, kites and protective nets—what to use? Let's discuss the merits (or demerits) of each.

If you were to catch a trap full of birds what would you do with them? We don't want to kill them and yet if we release them they will only return for more garden goodies—so traps our out.

Most repellents are ineffective or highly toxic. Commercial growers use Endrin treated seed. Endrin is a repellent as well as an insecticide. It is however, a highly toxic chlorinated hydrocarbon and Endrin treated seed is not available for the home gardener—so repellents are out.

Poisons we should not use because they are illegal but more important, we don't want to actually kill our feathered friends. We just want to keep them away from our seedlings and encourage them to switch to insects a more protein balanced diet—so poisons are out.

In some parts of the country, particularly in commercial fruit orchards and strawberry plantings, various devices which make noise are used. These are usually propane powered and when a measured amount of propane is ignited by a spark or released suddenly from high pressure, a loud "bang" similar to the noise from a gunshot is produced. These work well for several days until the birds become accustomed to the noise and return to their feeding. Loud noises such as this are O.K. for large farm areas but in Carmel Valley I doubt that your neighbors would welcome such a disturbance in the early morning hours when birds are most active or in the afternoon during siesta time—so noise producing devices are out.

Guns are out for two reasons, first they are not to be used in urban areas and second we really don't want dead birds—only scared ones.

Last year I tried a new system—kites. These kites are shaped and colored like a Hawk and are tied to the top of a long plastic pole which is fastened to the ground by cords and stakes. As the kite flies over the garden the small birds see the shadow and the shape and mistake it for the real Hawk. These worked perfectly for me until a day a strong wind arrived and the kites were completely tattered from the wind—I plan to do it again this year. Kits are available from Clow Seed Co., 1081 Harkins Road, Salinas.

The most effective method that I have used for preventing bird damage is the plastic net. These nets are available at home and garden centers, are inexpensive and can be used year after year. They come in various sizes, some as large as 13 feet by 75 feet. They are lightweight and effective if properly set up. I use stakes at the corners and around the edges with an occasional stake in the center of the plot to keep the net from sagging. Put the stakes in before covering with the net but be sure sufficient net is left on the sides to go to the ground level where it can be fastened down with rocks, boards or wire clips. Stakes should stick up uniformly 8 to 10 inches above the ground. I actually saw a Jay standing in the center of a net jumping up and down to try to get the net to sag low enough that it could reach through and eat the seedlings.

Several problems exist with the nets. You must remove the nets to weed and they are practical on small gardens only. I use them on my very early small plantings of small seeded vegetables and switch to the kites for my main garden planting.

If one of these systems does not work for you then—give me the bird.

Happy Gardening

Ernie



P.O. Box 13, Carmel Valley, CA 93924

Bill Parham
Calif. State License 294797

*Septic Tanks Pumped & Repaired
Sewer & Drain Lines Cleared & Repaired
Backhoe Service
Dump Truck & Hauling Service
Replace Drain Fields • 24 Hour Service*

P.O. Box 13 • Carmel Valley, CA 93924 • 659-2465

Shangri-La Hairstylists

Redken

Hair Care for Men & Women

Carmel Rancho Shopping Center

625-1199



659-2291

Lumber and Building
Supplies



APRIL Gardening Special
15% off
Garden Tools, Seed,
and Irrigation Systems
Kerosene \$2.25/gal.

Located 15 minutes from Highway 1 on Carmel Valley Road
in Sunny Carmel Valley Village

(first right after Texaco Station—across from Bank of America)

Free Estimates—We Deliver

Hours: Mon.-Fri. 7:30 a.m. to 4:30 p.m., closed 12:00-12:30 p.m.
Sat. 8:00 a.m. to 12:00 p.m.

in Sunny Carmel Valley Village

(first right after Texaco Station—across from Bank of America)

Opening Day

Batter up!

It's time for Little Leaguers to practice pitches, hone their throwing skills, and swing those bats.

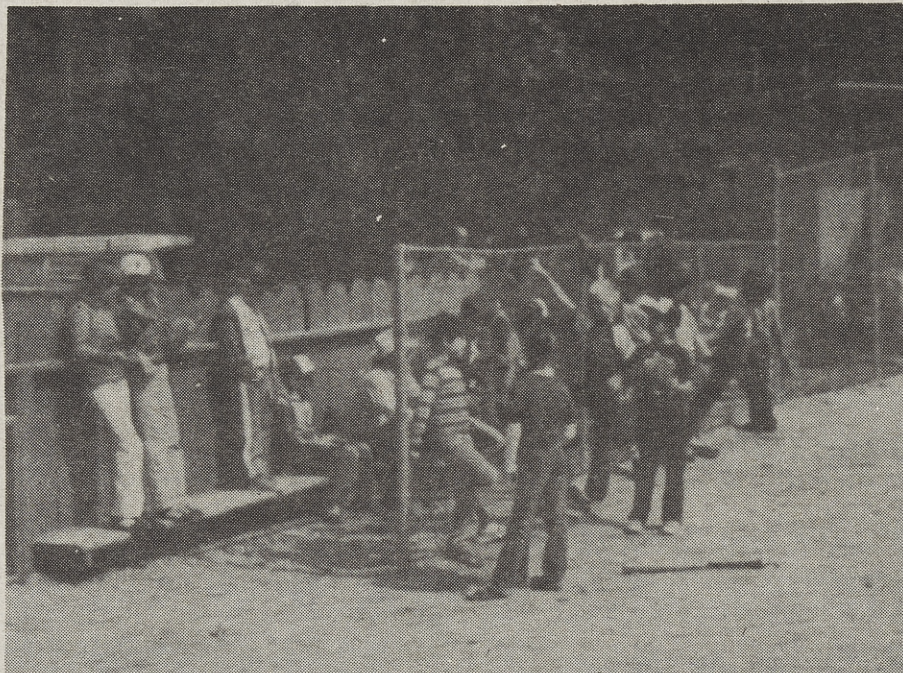
Opening day for the C.V. Little League is April 17th from 9 a.m. to 4 p.m. at the Little League Field (just off Paso Hondo Rd.)

Festivities for the day will include music by the Middle School Band and a Bat-a-thon to raise funds for the teams. Batters will take pledges for batting distances. Team pictures will also be taken.

The games will begin with a Valley notable throwing in the first ball. Last year Leon Panetta did the honors.

Tryouts for the teams began March 13 and will continue on March 20 at 11 a.m.

Sign ups were March 4 for Carmelo Students and March 9 at Tularcitos.



Little League hopefuls wait their turn at the March 13 tryouts.

Getting the catsup out of the bottle

- Insert a drinking straw, push it to the bottom of the bottle and then remove. Enough air will be admitted to start an even flow.

(from Mary Ellen's Best Of Helpful Hints)

* * * * *

- Sprinkle burnt pots liberally with baking soda, adding just enough water to moisten. Let it stand for several hours. You can generally lift the burned portion right out of the pan.

(from Mary Ellen's Best Of Helpful Hints)

* * * * *

POOL & SPA REPAIR & MAINTENANCE

by Locksin Thompson

This is to be an on going series of articles if needed, let us know. We'll be covering water chemistry and balance, energy efficient pumps, energy savers (solar & others), repair of hot tubs, spas & pools, algae problems, hydraulics, and anything you wish discussed. The object is to give back to the community and industry for providing a home and livelihood for my family.

This time it's filters. D. E. and Hi-speed sand filters are primarily used on pools. Their function is obvious, but their preventive maintenance is not. Change your D. E. regularly and the grids will last twice as long. Back wash sand filters regularly and you needn't change the sand.

Cartridge filters are based on spa and tub use for reasons of high temperature and ease of cleaning. But you must do more than just hose them off occasionally. People come in all the time for new filters when all they need is to be really cleaned. This can be done by soaking them in Shalees, Amway, filter Kleen, etc. for 24 hours and then hosing them off. There are products now that when put in the filter make the cartridges easier to clean and filter up to 25% more (including minerals in the water!)

This was brief, sorry. Bring by a filter cartridge and we'll check it for free, or call us and we'll tell you how.

Thank you,
Locksin

Hints for Bug Bites

- Treat insect bits with a poultice of either cornstarch or baking soda mixed with vinegar, fresh lemon juice or witch hazel.

(from Mary Ellen's Best Of Helpful Hints)

There Are Lots of Them

Every baseball team could use a man who plays every position superbly, never strikes out, and never makes an error. The trouble is there's no way to make him lay down his hot dog and come down out of the grandstand.



When a thing ceases to be a subject of controversy, it ceases to be a subject of interest: Hazlitt



Not Difficult

Major General Wilton B. Persons was President Eisenhower's favorite story teller among White House staffers. Mr. Persons was the author of Ike's favorite story—the one about the duck hunters who had been waiting hours for some ducks to show up. Finally a lone duck flew by and everybody missed except one hunter who had been belting away at a bottle of whiskey.

His pals asked him how on earth he had hit the thing.

"That's easy," he replied, "you ought to be able to hit something when a flock that big goes by."

—Andrew Tully, Scripps-Howard Newspapers



The deadline for the next issue is April 5th.
The next issue will be distributed April 16.



PEIFER PLUMBING

New Construction
Service and Repair

JIM PEIFER

&

LOUIS PEIFER

P.O. BOX 22905
CARMEL, CA 93923
(408) 625-0524
LICENSE NO. 389005

C V AUTOMOTIVE

IN THE VILLAGE AT

MIKE ROHAN'S

Carmel Valley
Texaco

Complete Repair Service
On Imported & Domestic
Cars

JIM SHAKAL
BRAD KLEMEK
Mechanics

P.O.Box 441
Carmel Valley Village
Phone 659-4070

PSYCHOSYNTHESIS

AN ACTIVE APPROACH
TO CREATING A BETTER LIFE

Marcia P. Smith L.C.S.W.
(408) 659-2956

Out Our Way

Confetti and Costumes

Confetti and Costumes brought the spirit of the Mardi Gras to Carmel Valley. In New Orleans tradition Kathryn Walker held her annual Mardi Gras celebration on February 23.

The hostess spent the evening as Mini Haha. Frances Anthony was disguised as a Spanish Senora, Alice Johnson became an Army officer and Olene Dick played Diamond Lil. Bea Tomlinson attended as a Chinese Coolie while spouse Cliff wore an authentic Chimney Sweep outfit. Combining efforts on their costumes were Jane and Jack Sassard who dressed in Western Garb, Shirley and Leslie Biggens were Belly Dancer and her Sheik, Patti and Dick Clarkson wore Tunisian outfits they brought back from an overseas trip. Shirley Sargent also dressed like a Tunisian but husband Craig opted for a more American outfit as the tennis star Bill Tilden (complete with book and tennis racket).

Those that attended didn't make it to New Orleans but they fell under the rippling effect of the Mardi Gras celebrations.

Joining Their Lives

The bride shined through the overcast day as Nance Schlexer and George James Saxton joined their lives in a small wedding ceremony February 28, at 2 p.m.

The Mayflower Church in Pacific Grove was the wedding site. Reverend Cliff Stabler performed the ceremony, adding personal touches.

Attending the bride was Marge Walters as maid of honor; Vicki Reichardt, Kathy Hershey, and Charmin Haverly were bridesmaids. The grooms attendants were Steve Hershey as best man; Leonard Reichardt, Don Loring and Harry Bowers were ushers.

Parents of the groom, George and Harv Saxton, held the reception at their home in Carmel Valley.

House Guests

• Everyone enjoys house guests and Mary and Charles Guilford are looking forward to a visit from their son and his family. Charles Jr., his wife Jaci and sons, Geoff and Nick will be visiting the Valley from Boise, Idaho.

The family is taking advantage of a seminar in San Francisco to travel a few extra miles for a reunion.

Mary and Charles Sr. will travel to San Francisco and pick their grandsons up and bring them back to the Valley. Charles Jr. and Jaci will join them after the seminar ends on March 20.

Enjoy the visit!

Outdoor Beginning

In an outdoor ceremony Patti Whitehead and Vince Altavilla will be joined together as husband and wife.

The wedding is scheduled for March 20th at 2:00 p.m. at No. 1 East Garzas Road.

C.V. SERVICE
PROFESSIONAL CARE
CLEANING & GARDENING CO.
CARMEL VALLEY, CALIF.
BUSINESS - HOME
INDOORS - OUTDOORS
659-4391 AFTER 5:P.M. CHRIS ALLAIRE



Eve Tartar poses with a paper sculpture that is part of the Monterey Museum of Art permanent collection.

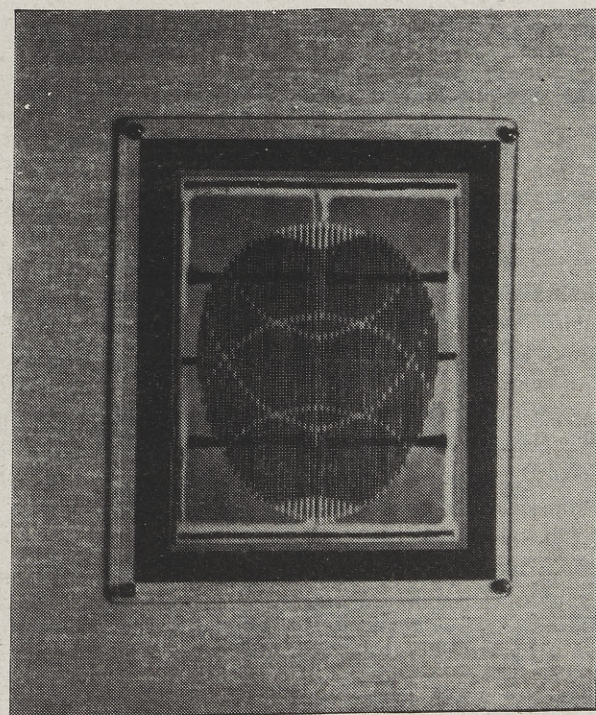
"Explorations In Paper"

A one-man show displaying the works of Carmel Valley resident Eve Tartar began February 21 at the Atelier 35 Gallery in San Francisco.

Opening day began with a reception for the artist from 2 to 5 p.m. The show titled "Explorations In Paper," will continue to March 21.

Ms. Tartar was born in New York City in 1910. She began studying art in 1932. Her mentors include Norman Raebe, Robert Motherwell, the Post-Mondrian painters, the Bauhaus group etc. She has worked in oils and woods but her present medium is paper.

Through one-man shows and private collectors Ms. Tartar has become reputed across the country. Her one-man shows have appeared in New York, Illinois, New Mexico and California. She has had two critically acclaimed shows at the Bruised Reed Gallery in Monterey.



Pictured is Eve Tartar's "Fire and Ice Collage."

CLUBS

Beautifying the Valley

Years from now Carmel Valley will appreciate the February 27 effort of the Kiwanis. The Kiwanis again put 2500 trees in the hands of Valley residents. From three locations—Mid Valley Shopping Center, C.V. Post Office and Josephs Oak Deli—pine and redwood saplings were distributed to interested residents.

This is an annual project for the Kiwanis. This year Bob Brandt was project chairman.



Kiwanis Lou Gardner, Dick Clarkson and Dick Scammon presented residents like Kathy Franklin with free trees.



By Joseph's Oak Deli, Harold Fly was the Kiwanian on hand when Jim Corso picked up his free trees.

Winners of the Parent Club Raffle

There was only one grand prize but winners were aplenty at the Tularcitos Parent Club Raffle held March 6 at the Trail and Saddle Club.

First prize, a trip to Hawaii, was won by Norma Daberry. The trip included a week at a Maui condominium and air fare to Hawaii.

Other prize winners include: Johannesberry Reisling Wine, donated by Monterey Vineyards—winners were Jean Whitman, Mr. and Mrs. Speiser, Lenore Durlache, Lenore Durlache (she won 2 bottles), Dick Lee, Michael Largent, Carol Haller, Sherry Casseboom, Beth Stratten, Judy Leaville, Marie Saliskar and Robin Boehije. Dinners—Los Laureles Lodge was won by Terry Milton, Running Iron went to Judy Leaville, Le Campana winner was Vernon Gordon, Billy Quons went to Mary Brehm, Little European Restaurant will be enjoyed by Sharon Slabaugh, Fox Hill went to Ray Feuer and Wills Fargo was won by Thelma Lee. Lisa Morgan won produce at the Mushroomman. The Iron Kettle's home made pie and a hair cut from the Carmel Valley Hair Center, was won by Fred Herro.

There was music to dance to between drawings and crackers, cheese, chips and dip for nibbling. The food preparation was done by Bob Sierra of the Grapevine.

THE TALK OF THE TOWN—

FOR THE FINEST FOOD

CHATTERBOX

Open Daily 6 a.m. to 3 p.m. Weekends 7 to 3

Across from Bank of America

on Carmel Valley Road

Telephone 659-2818,

your hosts Phil & Francis Wright.

Bounty of Bargains

Bargain browsers will be sure to be successful 9:30 a.m. to 4 p.m., April at the third Annual Book Sale, sponsored by The Friends of the Carmel Valley Library.

Out on the library patio will be a selection of used books, magazines and records. The C.V.C.Y.C. Before and After School Recreation Program will be selling refreshments.

Book donations are still being accepted. A collection basket is in the library lobby. "They are tax deductible," reminds Jackie Marks, who co-chairs the fund raiser with Charles Guilford.

Browsers are asked to enter through the patio.



Joint Celebrations

The April 16th Earth Day and Arbor Day celebration will be dedicated to the Carmel River. The Carmel River Watch (CREW) and Friends of the Carmel Valley Library will be presenting a film classic "The River," which is about the Mississippi. There will also be reflections on the Carmel River by Barbara Sherman, Tom Gardner, Warren Maston and others.

The celebration is being held at the Carmel Valley Library at 7:30 p.m.

New Kids On The Block

It's A Family Affair

If you were lucky enough to spot his van and catch him, you could buy beautiful fresh produce from the Mushroomman. Unfortunately it was never a predictable encounter.

There is now a remedy to that situation in a shop that opened February 27 and it's called the Mushroomman. The owners, Tony and Judy Souza, found that vegetables from their van were gaining in popularity and decided on a stationary spot to make their goods available. The store, located on Delfino Place (where the Toby Jug used to be) will be open seven days a week, 10 a.m. to 6 p.m.

The Souza's will be selling good quality produce. "The stuff I buy, I buy it like I'm going to buy it for myself," states Tony. The produce sold comes direct from produce houses and some are cut right from the plants. There will also be items like bread, honey, trail mix and other select food supplies.

Tony's reason for opening the store is that he couldn't carry enough in his van. Demand for his produce showed there was a need in the area for quality produce.

The Mushroomman started in his van about a year ago delivering produce to restaurants. This service is still available to restaurants only. Establishments can get more information by calling 659-5107.

Family members will be pitching in to run the store. In-laws Shirley and Jerry Stroh are the managers. Jerry will also be helping with restaurant deliveries. Father-in-law, Don Christmore will be sharing time behind the counter as will the Souza's three teen-age children.

DON FRENCH JENSEN BLUEPRINT & DESIGN SERVICE ARTS * CRAFTS * HOBBIES SUPPLIES

S-10 TALBOTT BUILDING
CARMEL VALLEY VILLAGE CENTER
408/659-3024
HOURS 7:AM TO 5:PM

The Last Chance

Greeting Card & Flower Shop

gifts



toys

office supplies

general supplies

We feature the best "tax" shelter in town!

village shopping center 659-2760

THE MUSHROOMMAN

Quality Handpicked Produce

GRAND OPENING

March 27 & 28
10 a.m. to 6 p.m.



Special Bargains On

Small Salad Tomatoes \$.30/lb.
Artichokes 3 for \$1
Russet Potatoes 10 lb. Bag \$.99
Watsonville Pippins \$.25/lb.
Avocado (Medium) 4 for \$1
Green Onions \$.19/bunch

Come enjoy our Grand Opening Specials and get acquainted with our other everyday low prices.

659-5107

8 Delfino Place, Carmel Valley Village

Traveling Tales

LET'S CYCLE EUROPE THIS SUMMER



Thirty-one year old Peter Boynton considers himself a vagabond but he puts this negative stigma to positive use by organizing European Bicycle Tours.

France and Switzerland are the 1982 itinerary. For \$1,424 you can tour 615 miles of France beginning on June 23. The 550 mile Switzerland tour takes you through the Swiss Alps. It begins August 5 and costs \$1,550. The scheduled routes were chosen for their rich history, architecture, art and cuisine. Museums and other interests are scheduled stops. The Swiss tour requires considerable conditioning.

The prices include such items as hotels, two meals a day, guide fees and other embellishments. Items not included in the cost are transcontinental transportation, bike rentals, museum fees etc. For those who can't spend 24 days in France or 19 days in Switzerland arrangements can be made for shorter excursions. Groups of two or more can enjoy a 10% discount.

Last years tour led 20 cyclists (many from the Valley) through 600 miles of France in 22 days. The '82 tour is expanded to include Switzerland. Ages of the group ranged from 13 to 53.

"My connection to Europe is, basically wanderlust, a search for adventure and exploration of cultures," explains Boynton. His background comes from 15 years of visits to Europe. He went to High School in Switzerland and claims that's when he got the bug to explore the corners of Europe, which he did all through the 70's. He spent one year in college near Stuttgart, Germany before deciding vagabonding captivated his heart. Odd jobs supported his journeys. He worked as a waiter in the 17th Century Chalet Hotel in St. Moritz. Six seasons were spent in Murren as a baker's assistant and ski instructor. There has also been a lot of his time spent at his family's 350 year old farm house located near Bordeaux, France. Last summer he came up with the idea to combine his wanderlust and experience and began organizing what's becoming an annual tour.

Boynton, a San Mateo native, has lived on the Monterey Peninsula for six years but in the summers migrates to Europe. When on the Peninsula he does free lance gardening.

If seeing the art and culture of Europe on a more personal level sounds intriguing, Peter Boynton can be reached at 659-2518.

Diogenes struck the father when the son swore: Burtor

Life is to short to be small: Disraeli

Nature uses as little as possible of anything: Kepler



All progress is based upon a universal innate desire on the part of every organism to live beyond it's income: Samuel Butler

(408) 659-5180
By Appointment

Dr. Marvin Goldstein
Chiropractor

6 Delfino Place
P.O. Box 938
Carmel Valley, California 93924

Jack Arnold Home Services

I Carry 450 Parts In My Van
For Quick Repairs
Electrical • Plumbing • Heating

10 years in the Valley 659-2198

FREE WATER ANALYSIS

Blackthorne Hot Tubs

Bring in a water sample of your spa, hot tub, pool, well, or even Cal Am Water! We'll do a complete test—Chlorine, P.H., Total Alkalinity, Calcium Hardness, Iron, Copper, Total Dissolved Solids, Cyneric Acid, et. al.



And it's Free
Call on how to take a sample
659-3089

open 8 a.m. to midnight 7 days a week
4 Pilot Rd., "in the Village"

Visit our new
hourly rental spas

—→ Carmel Valley ←—

Village Center

Huh's Acupuncture & Herbs

20 years experience—traditional technique
non-electric

646-9511

two locations

Carmel Valley Village Center
Carmel Valley

991 Cass St.
Monterey



CARMEL VALLEY NATURAL FOOD NEWS

Blair has answered a couple of questions that start to concern a lot of people this time of year.—

Spring is almost here—a mixed blessing for people who suffer pollen allergies.

WHY DO WE HAVE ALLERGIC REACTIONS?

A healthy body is capable of neutralizing these toxic substances and a body which has malfunctioning defense mechanisms cannot. When the allergen enters the bloodstream, antibodies are signalled to destroy it. The hormones which facilitate antibody release originate in the adrenal glands. Histamine is the by-product of the antibodies destroying the foreign proteins. The body reacts to increased levels of histamine with blood vessel enlargement which causes flushing and a redness of the skin, and increased permeability of the blood vessel wall, allowing fluids to escape, thus bringing about localized swelling.

This can exhibit itself as congestion in the respiratory tract or hives. More serious internal effects can occur, including headaches, gastrointestinal upsets, diarrhea, asthma and sinusitis.

Under normal circumstances, the liver produces a natural antihistamine which neutralizes the histamine. However, if the liver is 'plugged up' with fatty tissue and an excess of toxins which it cannot neutralize, therefore storing within itself rather than allowing them out in the general circulation, then there is a possibility of an inadequate secretion of anti-histamine and allergies result.

WHAT CAN WE DO TO BUILD UP THE BODY'S RESISTANCE TO ALLERGENS?

Antibody responses are severely affected by a deficiency of pantothenic acid, B-6 and folic acid. Cortisone, a very important adrenal hormone, cannot be produced without an adequate supply of pantothenic acid. Without B-6, white blood cell production is decreased.

Vitamins A and C are vital to the health of the liver and the adrenals. They are superior blood detoxifiers and defenders of the body against invading toxins, viruses and bacteria.

Sixty years ago, we all would be taking spring tonics to clean the blood and tone the liver. Today, the same herbs can be used to build up the body's defenses: dandelion root, echinacea, garlic, burdock, parsley and many more.

I would like to share with you a birthday party idea that we've just used at my daughter Sharon's 12th.

I let the kids make their own fancy ice cream sundaes. It's a real splurge with only wholesome ingredients used.

Give each child a bowl of delicious honey ice cream—no sugar—no artificial anything. We used vanilla, but that's up to you—strawberry or pineapple papaya sounds adventurous.

In the center of the table have a tray with little bowls containing condiments—your imagination is the limit. Make sure they're all healthy—no junk—that's the challenge. I used carob chips, unsweetened coconut, raisins, chopped nuts, granola, sliced banana, blueberry honey preserves and chopped pineapple (canned in water).

Let the guests help themselves. They'll love it . . .

Other ideas are:

- real whipped cream
- carob syrup
- real maple syrup
- papaya syrup
- chopped dates
- berries—fresh or frozen

I've done this for 5 year-olds and I've done it for 12 year-olds. Actually, I'm sure adults would enjoy it too.

Here are a couple more recipes from the Moosewood Cookbook. We've prepared both with great success.

There was an omission last month of one ingredient in the Whole Wheat stuffing shell recipe. What was left out was: ½ lb. fresh spinach, washed well, drained and chopped.

CAULIFLOWER-CHEESE PIE

Preparation time:
about 2 hours,
including baking

1 9-inch pie

(with Grated Potato Crust)

Crust:
2 cups, packed grated raw potato
½ tsp salt
1 egg, beaten
¼ cup grated onion

Heat oven to 400°

Set the freshly-grated potato in a colander over a bowl. Salt it and leave it for 10 minutes. Then squeeze out the excess water (which can be used for soup stock) and add it to the remaining ingredients. Pat it into a well-oiled 9-inch pie pan, building up the sides of the crust with lightly floured fingers. Bake for 40-45 minutes—until browned. After the first 30 minutes brush the crust with a little oil to crisp it.

Turn oven down to 375°

Filling:

1 heaping, packed cup grated cheddar cheese
1 medium cauliflower, broken into small flowerets
1 medium clove crushed garlic
1 cup chopped onion
3 Tbs. butter
Dash of thyme
½ tsp. basil
½ tsp. salt
2 eggs
¼ cup milk
black pepper
paprika

beaten together

Saute onions and garlic, lightly salted, in butter for 5 minutes. Add herbs and cauliflower and cook, covered, 10 minutes, stirring occasionally. Spread half the cheese into the baked crust, then the saute, then the rest of the cheese. Pour the custard over and dust with paprika. Bake 35-40 minutes—until set.

WHITE RABBIT SALAD 6 Servings

3 cups cottage cheese
2 small apples, chopped
¼ cup raisins
½ cup chopped, toasted nuts
¼ cup toasted sunflower seeds
2 tsp. poppy seeds
1-2 Tbs. honey
Juice of ½ lemon

Combine everything
. . . . serve very cold, on greens

Many optional additions:

Fresh, firm pears
Peaches
Green, seedless grapes
Orange sections
Cantaloupe
Honeydew
Extra honey and lemon

Again, we want to urge you to send us your comments and questions. If there are any ideas or favorite recipes you would like to contribute, please do!

I want to acknowledge my mother, Sedelle, for her assistance in getting this article together with her editing and typing skills.

Love,

SUSAN & ALL OF US

Typical

A wife was telling her neighbor about her fishing trip with her husband.

"I did everything wrong on the trip. I talked too loud, I made too much noise. I used the wrong bait. I reeled in too soon, and I caught more fish than he did."

The Last Of The Bandits

An unusual anniversary for Russell Wolter of Wolter's Hacienda Market, has just passed. The date, March 19, marks the day his great uncle Tiburcio Vasquez, was hung in 1875.

Vasquez and his men were considered the last of the outlaw gangs. For two decades his bands robbed pretty much as they pleased. No other bandit dodged the law as long and as successfully as Vasquez did.

His criminal life began with a dance-hall quarrel where a man was knifed. He did not expect fair treatment because of Mexican prejudice at the time so he fled. Eventually he found himself under the tutelage of a seasoned outlaw.

His prison terms involved horse and cattle stealing. It wasn't until Vasquez was released from San Quentin in 1870 that he and his gangs took up robbery.

Vasquez was a daring thief. He would sneak up on his trackers and steal their horses. He would boldly visit ladies in Hollister and would openly appear among the New Idria miners who protected him. The miners were never molested by the Vasquez gang.

There was no proof of murder in any of the Vasquez plunderings until the Tres Pinos tragedy that left three dead and two wounded. He had established the reputation of leaving his victims tied face down.

In January of 1874, Vasquez found a price on his head of \$3,000. It was later increased to \$8,000.

Since Vasquez's 1870 release from prison Alameda County Sheriff, Harry Morse, took particular interest in his activities. Morse eventually got a special appropriation from Governor Booth to form an expedition to capture Vasquez. Morse trailed Vasquez to the Tehachapis (general region of Los Angeles). An informant told where Vasquez was hiding. Out of courtesy, Morse contacted the local Sheriff, Rowland, who rudely set him off in another direction with misinformation. Rowland and a posse then set out for the reported hiding place and captured Vasquez. Rowland received the reward.

Vasquez received a change of venue to San Jose. Through his exploits he became romanticized and while awaiting trial had a variety of visitors, especially women. He was lengened to be a "lady killer" and had become notorious for stealing wives and lovers. His wife stealing is what caused the informant to reveal Vasquez's hiding place.

The trial began in January 5, 1875. He was sentenced to be hung on March 19, 1875 at 1:30 p.m. After hearing about the sentencing his gang threatened to wreak vengeance on the state if their Captain was hung. They also sent a letter claiming another gang member was in charge at Tres Pinos and Vasquez was innocent of the murders.

There is a tree on the Monterey Road near Morgan Hill that is called "the Vasquez Tree." It's said to be the tree Vasquez was hung on but he was actually hung on gallows.

History books and encyclopedias have abundant information on Vasquez for his role as the "Last of the Mexican Bandits."

Vasquez was born in Monterey County in 1837.

Notariety for Vasquez has resurfaced since the production of "Bandido," a play put on by the Valdez Theatre Group of San Juan Bautista.

Community Service Announcement

Mr. Mordekhai Artzieli, Consul of General of Israel, will deliver a speech entitled "Recent Strategical and Political Developments in the Middle East" at the monthly meeting of the Monterey Peninsula Jewish Men's Club on Tuesday, March 23rd, 7:30 p.m. at the La Playa Hotel in Carmel. Cocktails and dinner or coffee and dessert will be served before the program. Reservations are available at Congregation Beth Israel phone 375-2759. The public is invited and welcome.

XEROX 9400 • IBM SELECTRIC

XEROX 9400
Copying-Collating-Reduction
Card Stock-2 Sides-to 8 1/2 x 14

IBM Selectric
Letters-Resumes-Labels Manuscripts-Forms-Legal

Velo-Binding
Paper-Plastic-Composition

McKay Business Service
26555 Carmel Rancho Blvd. Suite 4 (only steps from the new post office)
PICK UP & DELIVERY
• 625-1164 • M-F 8-5 (CARMEL & CARMEL VALLEY)

NOTARY • ADDRESSING

BILLING • LETTERS

BINDING • EDITING

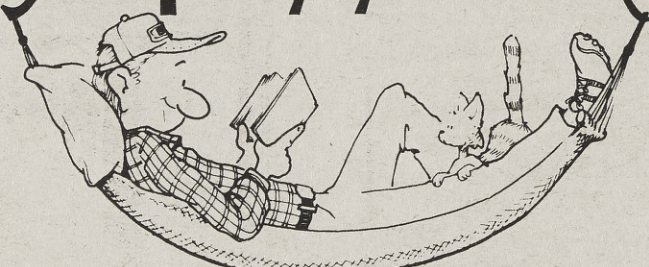
(408) 375-8462  LIC. #297178

PETTAS & MACALUSO ELECTRIC
ELECTRICAL CONTRACTOR

FRANK PETTAS
MATTEO MACALUSO

571 LIGHTHOUSE AVE.
MONTEREY, CA 93940

Simplify your life.



Use our Money Convenience System.™

Bank of America NT&SA • Member of FDIC

BANK OF AMERICA

Located at:
Carmel Valley
5 West Carmel Valley Road
Carmel Valley Village, Ca. 93924

Carmel Center
Highway 1 and Rio Road
Carmel, Ca. 93921

**Carmel
Valley
Sun**

CLEARANCE

**SHOP-LIGHTS
STUDY LAMPS
20% OFF**

TOOLS

DRILLS	WORKMATES
DRILL STANDS	STEP STOOLS
SAWS	GRINDERS
SAW TABLES	SANDERS
ROUTERS	CAR-VACS
ROUTER TABLES	DUST-BUSTERS
WET STONES	SHOP-VACS

•BLACK AND DECKER
•VERMONT-AMERICAN
•WEN

25% OFF

TOOL BOXES

•WATERLOO
•KENNEDY

30% OFF

WORKBENCHES

WORK'N HOBBY CENTERS
DELUXE WORKBENCHES
FOLD-AWAY WORKSHOPS
CORNER-SECTION WORKSHOPS
IRON HORSES
WORK-GRABBERS
PORTABLE SAW TABLES
MITER TABLES

•HIRSCH STEEL
(ASSEMBLY REQUIRED)

35% OFF

**BUY NOW...
WHILE STOCK LASTS**

SORRY, NO CHARGES. PAYMENT
FOR THESE ADVERTISED ITEMS MUST
BE MADE AT TIME OF PURCHASE.

**THE
VALLEY
HARDWARE
COMPANY**
WE MAKE IT WORK!

**OPEN
7
DAYS**

MID-VALLEY SHOPPING CENTER • 625-1200



WHERE THERE'S SMOKE ...

BY: Fire Dept. Staff

ACT NOW FOR A FIRE SAFE SUMMER

"Burn Season" will be over March 31st. This is your last chance to burn up all unwanted brush and trimmings. If you do not have a burn permit at this time visit your local fire department.

The local fire departments are encouraging voluntary weed abatement to aid in fire prevention for the summer months. They will be concentrating on clearing up this type of hazard before fire season begins and ask for your help now.

If you have any questions regarding burn permits or brush clearance regulations contact your local fire department:

Carmel Valley Fire Department	659-2021
Mid Carmel Valley Fire Department	624-5907
Rio Road Fire Station	624-4511

Mortimer Caplan, former director of the IRS, said that the one difference between a tax collector and a taxidermist is the taxidermist leaves a hide.

Chopping onions without tears.

- You'll shed less tears if you cut the root end of the onion off last.
- Freeze or refrigerate before chopping.
- Peel under cold running water.
- Or periodically rinse hands under cold running water while chopping.

(from Mary Ellen's Best Of Helpful Hints)

* * * * *

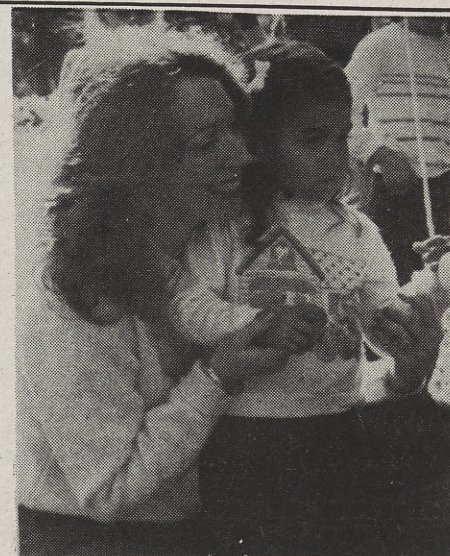
Hints for the Bathroom

Glass shower doors

- For a quick shine, rub with a sponge dampened in white vinegar.

(from Mary Ellen's Best Of Helpful Hints)

* * * * *



Be on the lookout for uncelebrated stars, Dottie and Angel Cabral.

A Professional Extra

Stars are easily recognizable. Their faces appear in papers and magazines and we flock to theatres to see them. But what about the unknowns who are just as important to any film or television production. Not the crews but the individuals commonly called extras, who seldom reach notariety.

We have one such professional living in the Valley, her name is Dotti Cabral. Her career began in Hawaii with a part-time job in a casting office. She eventually began going out on extra work. The hook was in and she took up acting and modeling classes. She enjoyed being an extra so much she gave up an 8 year career teaching preschool. Fascinated with the technical parts, Dotti absorbed everything she could. Other extras wandered away from the set but she was always right there so her reputation as being dependable flourished. The office recognized this professionalism and sent Dotti out to help organize the "extra" crews even if she wasn't in a show.

Dotti would like to get back into commercials but since her move back to the Valley she hasn't been able to develop the connections here that she had in Hawaii.

Dotti's credits include Charles Angels, Magnum P.I. pilot (she didn't think the program would make it), a movie "The Pearl," Sanford and Son, Paradise Cove with Brian Keith, and a movie pilot with Dennis Weaver and Bernadette Peters. Even her daughter Angel was involved in commercials and earned her first \$100 at 18 months old.

Dotti was raised in Carmel Valley but moved to Hawaii for eleven years. She presently helps her mother, Donna Hamilton, at the Iron Kettle Restaurant.

CARMEL VALLEY MARKET



659-2472

Free Delivery in the Village

Sewing Notions • Tennis Shoes
Sweaters • T-Shirts • Briefs • Socks

In The Barn

Alfalfa • Hay Cubes • Horse Pellets
Chicken Feed • Pig • Rabbit • Goat • Pigeon
Dog & Cat Feed • Pet Supplies

Liquor

Complete Line • Beer-Domestic & Imported
Wines from 18 Countries
Collector Decantors — Hoffman, Jim Beam, Cyrus
Noble, Bing Crosby, Elvis Presley, McCormick

Grocery

Complete • Gourmet • Imported Marmalades • Chutney

Produce

FARM FRESH DAILY

Meat

USDA Choice Meats • Fresh Fish • Poultry

LOCATED IN THE VILLAGE BEHIND WILLS FARGO AND
THE TEXACO STATION • HOURS 8:00 AM to 7:00 PM
SUNDAY 8:00 AM to 6:00 PM

... a touch of Pennsylvania Dutch
in Carmel Valley Village!



Beer & Wine 659-5472

HOME STYLE LUNCHES

Meat Pie • Vegetable Pie • Quiche • Soup
Salads and Sandwiches of your choice

CHICKEN PIE

DESSERTS

Cheesecake • Fruit Tarts
Pies and other Pastries
EXOTIC TEAS and COFFEES

Special Afternoon Teas by Reservation

THE IRON KETTLE

7 Dellino Place
(next door to Carmel Valley Hair Center)

Open Daily 11:30 to 4:30



The Carmel Valley Sun
Published Monthly

Editor Debra Saxton

P.O. Box 744
Carmel Valley, Ca. 93924
Telephone (408) 659-2950



Want To Get Involved

Carmel Rancho Lions Club
First and Third Wed., 8 a.m.
Rio Rd., Holiday Inn

.....

Carmel River Watch
First Thursday of Month.
April 1, 7:30 p.m.
Carmelo School

.....

C.V. Community Board of Directors
March 31, 8 p.m.
Community Center

.....

C.V. Community Chapel
Sunday Service 11 a.m.
Sunday School & Nursery available
Bible Studies Wed., 10 a.m.
Fidelity Club, Thurs., 6 p.m.
Chapel Guild, 2nd Wed. 12:15 p.m.
Village Dr. & Paso Hondo
Good Friday Service
April 9, 12 p.m. to 1 p.m.

C. V. Chamber of Commerce
General Meeting—Luncheon
April 2, 11:30 a.m.
Rio Road Holiday Inn
Forum on Proposed Hatton Canyon
Thoroughfare
Guest Speakers:
William Peters
5th District Supervisor
Henry Case
District Director CAL TRANS

.....

C.V. Garden Club
April 8, 8 p.m.
Hidden Valley Music Seminars

.....

C.V. Kiwanis
Tuesdays, 12 noon
Hidden Valley Music Seminars

.....

C.V.P.O.A.
Second Wed., 7:30 p.m.
Mid Valley Fire Station

C.V. Womens Club
First Wed., 12 noon
meeting place varies.

.....

C.V. Village Improvement Committee
Second Friday, 12 noon
Meeting place varies
No host luncheons
Business men are encouraged to
attend

.....

County Board of Supervisors
Tuesdays, 10 a.m.
Supervisors Chambers, Salinas

.....

Tularcitos Parents Club
Third Thursday of month, 7:30 p.m.
Tularcitos School Room 9

Keeping food fresh Bread

- A rib of celery in your bread bag will keep the bread fresh for a longer time.
- Freshen dried bread by wrapping in a damp towel and placing in the refrigerator for 24 hours. Remove towel and heat in oven for a few minutes.

(from Mary Ellen's Best Of Helpful Hints)

Helpful Friendly Service



Sale

10% off on Vitamins
through March

We feature
Harmony Farms Meat
Naturally Grown
Beautiful Organic
Lettuce \$.39
Shitake Mushrooms

Vitamins Books Organic Produce
Bulk Items Cosmetics

Village Center
659-2811 Open 7 days

FOR YOUR ENJOYMENT

Carmel Valley Community Youth Center
Auction d'Elegance
March 20, 1982 7-10 p.m.
Hidden Valley Music Seminars
Admission—\$7.50

Carmel Valley Community Chappel
Christian Preschool
Spring Festival
March 26, 11:15 a.m.
42 Village Drive, Carmel Valley

Lynn Hayes—Marikay Le Valley
Creative Workshops
March 27, 10 a.m. to 4 p.m.
C.V. Community Center
Ford Road, Carmel Valley

Tularcitos Parent Pre-school Co-op
Rummage Sale
March 27, 9 a.m. to 3 p.m.
Tularcitos Multi-purpose Room

"Burning of the Mortgage"
April 3, 1 p.m.
6 mile hike begins 9 a.m.
Bring Your Own Picnic Lunch
Garland Ranch Visitors Center

Earth and Arbor Day Celebration
April 16, 7:30 p.m.
Carmel Valley Library

Little League Opening Day
April 17, 9 a.m. to 4 p.m.
Little League Ball Field
Paso Hondo, Carmel Valley

BINGO!

at
the
Community
Center

Every
Thursday

7:30 p.m.



Place your ad in the
Carmel Valley Sun

DAN SAXTON

General Contractor

Lic. No. 359627

(408) 659-2445

P.O. Box 744
CARMEL VALLEY, CA. 93924